



SANT NIRANKARI MISSION

Washington DC Metropolitan Area Spiritual Center

4501 Pleasant Valley Road, Chantilly Virginia 20151

Rev. GP Chadha Ji Visit – Sewadal Training Camp & Congregation January 6th, 2024

Sewadal Training Camp

A Sewadal Training Camp was organized by the Sant Nirankari Mission, Washington DC Spiritual Center on January 6th, 2024 in the benign presence of Rev. G.P. Chadha ji, Sewadal Adhikari (serving as Up Mukhya Sanchalak, Administration, Sant Nirankari Mandal, New Delhi).

The primary objective of the Sewadal Training Camp was to enhance the skills and understanding of the Sewadal members, fostering a sense of unity, discipline, and dedication to humanitarian service and towards the teachings of the Mission. The discourses emphasized the importance of selfless service, humility, and spiritual development as integral aspects of sewadal members' personal and collective growth.

The camp began with the welcoming of Rev. G.P. Chadha ji and Mrs. Chadha ji by Rev. Prem Kamal Dadlani ji (Coordinator In-Charge, SNM, Washington DC Center) along with Rev. Sherry Dayal ji (Coordinator In-Charge, SNM, North Carolina Center), Res. Bhupinder Michera ji (Sewadal Adhikari, SNM, Washington DC Center), Res. Aman Ji, Res. Anita ji, saints from New York & New Jersey, and sewadal members of SNM Washington DC Center.

During the camp, sewadal members got instructions and guidance from Rev. G.P. Chadha ji on various sewadal exercises, Prarthana geet, and posture while doing exercises to promote physical well-being and discipline. The importance of maintaining a healthy body and mind in service to others was underscored by Rev. G.P. Chadha Ji. It was an overwhelming session where each sewadal member actively participated.

Team-building exercises were conducted to foster a sense of camaraderie and teamwork among the sewadal members. These activities aimed to strengthen the bond among sewadal members and enhance their ability to work cohesively. A Question-Answer session was conducted by Rev. Chadha Ji and all the questions answered related to sewadal and sewa with an emphasis on communications. These sessions also focused on the teachings of the Mission's ideology of "Nar Sewa, Narayan Pooja".

During his discourses, Rev. Chadha ji mentioned the importance of commitment, humbleness, and discipline as important virtues of a devotee in spirituality. Rev. Chadha ji also quoted verses from Sampurna Avtar Bani on the dedication of a devotee towards the Lord Master. He emphasized on not indulging in drugs or alcohol. Since sewadal plays an important role in Mission, they should set an example for everyone by staying away from it.

The Sewadal Training Camp proved to be a transformative experience, combining spiritual enrichment with practical training for the sewadal members. The event successfully instilled a deeper sense of dedication and commitment among sewadal members.

Finally, a vote of thanks was given by Rev. Prem Kamal Dadlani ji on behalf of the whole Washington DC satsang branch with a prayer at Her Holiness Satguru Mata Ji's holy feet to bless everyone with love, kindness, humbleness, and humility in words and actions.





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Congregation

The sewadal meeting was followed by congregation which started at around 12.00pm in DC Sangat Hall. Saints expressed their emotions through various hymns and Vichaars. Res. Ritu Chadha Ji expressed her thoughts in the form of a hymn.

Final Discourse by Rev. G P Chadha Ji. – He explained the importance of sewa, Satsang and Simran. He shared his thoughts on the importance of doing Simran by giving a simple example I got stuck in traffic while going to Sangat, I wondered why did that bad thing happen to me. He continued his chain of thoughts by mentioning - I started doing Simran and the problem got solved. But then he asked himself why we do Simran only when we are in trouble. We should do it at all times.

For every Gursikh Sewa, Satsang and Simran are important and if anything, comes between our bhakti, then the Gursikh should become selfish. He explained this by giving an example of Late. Tajinder Singh Ji – when he got the chance to do Darshan of Babaji he thought I should also bring my wife so that she can also do Babaji's Darshan. By the time he came back with his wife, Babaji went inside and he could not do his Darshan as well. He then realized that one should become very focused and not be distracted while doing his bhakti. If one is attached to bhakti and with Nirankar, then no one can stop us from going to Sangat.

He concluded his discourse by saying that no one can harm those who live their lives following Gurus Vachan.

Finally, a vote of thanks was given by Rev. Prem Kamal Dadlani ji on behalf of the whole Washington DC Center branch with a prayer at Her Holiness Satguru Mata Ji's holy feet to bless everyone with love, kindness, humbleness, and humility in words and actions.

-By Srishti M Dussija, CA & Dr. Aditya Gupta - Washington DC – January 2024

