



**SANT NIRANKARI MISSION** (USA)  
(Universal Brotherhood)  
**Washington DC Metropolitan Area Spiritual Center**  
4501 Pleasant Valley Road, Chantilly Virginia 20151

**BLOOD DONATION DRIVE & FREE HEALTH CAMP WITH FLU SHOTS**  
**OCTOBER 2015**



On Saturday, October 17<sup>th</sup>, 2015, the Sant Nirankari Mission, Washington, DC Chapter, organized the commemorative annual blood drive at its local center in Chantilly, Virginia. Over 45 participants – members of the local Chapter and community members alike - eagerly volunteered to donate. With the help and support of Inova Blood Donor Services, a total of 34 units of blood were successfully collected.

A free Health Fair was also held at the local center where in addition to Medical Consultation Free Flu Shots were also provided. Physicians from the GWAPI (Greater Washington Area Physicians of Indian Origin) (with specialties including internal medicine, gynecology and gastroenterology), three (3) registered nurses, and two (2) physical therapists and a Certified Yoga Teacher donated their services and offered free consultations medical advice, Yoga lessons to the local community. These services included general health screenings for blood sugar, blood pressure and weight; the physicians also provided advice in response to specific health complaints within their respective fields, free of charge.

Over 40 participants – members of the local Chapter and community members alike, with the help and support of GWAPI received free flu shots.



It was a truly successful event and the Sant Nirankari Mission, Washington DC Center, is extremely grateful for the support and involvement of the many health care professionals from GWAPI, Inova Blood Donor Services, and the community for making this event a beautiful demonstration of humanity joining together to spread the message of peace and serve a greater good.

**Washington DC**  
**October 2015**

*"Blood should flow in veins and not in drains." ~Nirankari Baba Hardev Singh Ji Maharaj*