

## SNM SEATTLE [THE DAY CENTER](#)

As many of us are aware that homelessness is a growing issue in the Emerald city: Seattle, WA. There are over 10,000 men, women and children who are living on street, tents or in cars in King County: hungry and cold. The need is massive and is ongoing.

To help the cause, Sant Nirankari Mission, Seattle came together as a community in December 2019 to help their friends at one of the shelters located on the Eastside of Seattle. We initiated the contact with the shelter and worked to build our service to directly impact the crucial needs of the facilities. The Day Center serves families experiencing homelessness with access to showers, restrooms, laundry, snacks and dinner among many other services. Hot meals are the most desired as centers run out of resources to provide hot meals.

SNM, Seattle took up the task of feeding their sheltered friends with a hot meal as desired by the center. We cooked a heart healthy meal for about 45 guests and delivered it hot to the community on a very wet afternoon. As we came together as a community to serve our less fortunate friends, we realized the blessing that Nirankar has upon us. It was a humbling moment, reminding us all of the countless blessings and teachings of our Satguru.

We hope and pray that every child should grow up in a safe, loving and nurturing environment and live in security and dignity. We believe in compassion, love, respect for all people, especially those who are under served and vulnerable. We are one, joining with others to change the systems which oppress, discriminate or cause human suffering.

SNM embraces diversity, humanness and supports individuality and personal growth. We look forward to more such opportunities where we can bring in our services to empower the weak to achieve their personal objectives and invite participation and advocacy for social justice from within the entire community- begin by feeding the starved.

For more information on the shelter, please visit: <http://www.nbpshelter.org/day-center-1>

With regards,  
SNM, Seattle