

“Believe there is good in the World – BE the Good in the world”

Believe there is good in the world means we should always remember that there is good around us and even in the darkest times there is always light at the end of the tunnel. As it is said, if we change the way we look at things, the things we look at change.

Be the good in the world tells us that one cannot rely on others to be kind and loving, we must help ignite the world with the light of kindness and become part of the good ourselves.

As we look around us, in times of today most of what we see is hatred, jealousy, ego and revenge which is derived in the name of region, race and religion. But rather than criticize those creating the problems, we must celebrate the people pioneering new ways of thinking, working, and living that can lead us to a better world.

As my first step, if I could make a change in this world, I would want people to perceive diversity in a positive light, I wish people would see the beauty of diversity in its majestic vibrancy of color and feel the richness and the different textures of diversity. Diversity is one of the best things that the world offers to humanity. We must empower ourselves to become known as a source of powerful ideas and practical actions that we derive from our messaging of Compassion (Sewa), Gratitude (Simran) and Connection (Satsang), rather than one-off fixes. We must positively take initiatives to get our message regularly carried by the mission youth and others as well. To spread the message of oneness and love, we do not have to wait for people to be kind, we must show them HOW?

There are two ways of spreading the light, to be the candle or the mirror that reflects it. Seeing others act altruistically makes us feel connected to one another and reminds us of our shared purpose and humanity., hence it is vital to practice kindness every time.

Satguru Mata ji is an amazing example for us. She is LOVE, believes in LOVE and inspires us to spread LOVE. She is our Lighthouse and powerhouse as we sail the ship of life. Her love and guidance carry us out through all adversity.

Through the power of love and compassion, we should all thrive to be a Lighthouse that shines, protects and navigates us back to haven. Darkness cannot drive out darkness only light can do that, and hate cannot drive away hate, only Love can do that. Let's all practice kindness and nurture ourselves and those around us through compassion and mindfulness to create a better world. We should pledge to work towards Oneness and fulfill the dream of Baba ji and Mata ji.

Be Kind: Kindness stops the cycle of vengeance and peace begins with a smile.

Dhan Nirankar ji!

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