

Youth today are bringing meaningful changes to society, making sure their voices are being heard. They carry a very different mindset than the adults in the community, having a unique perspective on everything. This leads to them to raise questions on aspects of life that seemed indifferent, as well as old cultural norms they might disagree with. They don't mind openly speaking their voices and have prominent platforms to do so at their fingertips, a resource that wasn't available prior. Thus, youth today are the changing forces of society, they have the power to make the community around them more positive or negative. So, changing the world into a positive and loving one should start with them. They're the ones who will carry the message over the decades to come, and the ones willing to take the risk.

The Satguru's teachings are generations old, and this is what the elders have been taught are the right ways for decades, so they've never been able to question them. However, as mentioned before, youth today are raised in a whole new world with new ideas. So, they have the ability to ask questions about these messages. Not necessarily falsifying the information, but maybe recognizing the shortcomings of its conveyance. Since the youth are the future of the world around us, it's important to teach them about the mission early on so they can spread the positivity over their lifetimes. Likewise, the elders in their lives have to set mature examples of the teachings, inspiring the youth to adopt love and kindness in their lives.

I've personally been part of the mission since a young age, and go to Sangat monthly. At first the whole concept and ideology seemed confusing to me. However, as time passed, the more I learned and the teachings became more clear to me. I'm glad Sangat is part of my life, it has helped me remain compassionate and treat everyone equally. There's a saying about how kids' minds are readily adaptable and how they absorb everything around them good and bad. So, I'm glad I was introduced into the positive and loving environment of the mission early on, always keeping the lessons in my thoughts.