

# Mind Occupied Soul

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Foreign occupation has never managed to sound euphonious, whether it is POK or IOK. Natural state of one's being flourishes at its optimum when free of subjugation from foreign occupancy. Soul, the sole heir to the divine inheritance, intended, designed and equipped to rule and dictate even the most densely robust precipitation of the mind, has lethargically fallen prey to the colonization of the mind.

It is like the worst case scenario of Cinderella syndrome the soul has succumbed to. So is there a hope, a sliver of light, a half pair glass shoe at the threshold of the buggy? A great bunch since the dawn of virtual reality has claimed that yes, indeed there is! But before the Soul could embark upon liberation, it needs to acknowledge that it is under heavy influence of the Mind. Hollywood movie Matrix somewhat captures the essence of the expansive mammoth grip the Mind exerts over the Soul. Sheer meek hypnotic pitch of the mind can corrupt the most arduously disciplined souls.

How dare can then a listless soul journeying through abysmal cycles of lures and figments hope to escape and achieve emancipation!

First thing first. Soul needs to get a grip and get rid of the false identity and accept the truth that it is not the Mind rather it is genuinely a Soul. Once the umbilical cord snapped, the Soul went into a free fall getting farther and farther away from its origin. Soul must acknowledge that it is part and parcel of the highest superior entity in the universe while Mind is nothing but a fickle invention of its whereabouts. Mind is that baggage the Soul begins to accumulate as it ventures through dark dungeons experiencing subhuman sentiments on its way to human form. Once obtaining the human frame, the Mind only further advances its tactical and hence what results is a personalized perception of one's view of the world.

Over to time the Mind assumes such magnitude of a role that it completely eclipses the stature of its very inventor, the Soul. In majority of the cases, the Mind not only overshadows, it actually drains and derails the Soul to the depth of seemingly hopeless opaqueness. Adding to the anarchy, the Mind declares that its version of the world view is superior to the rest. Case in point, certain Souls boldly claim that the material world is all that there is to the grand scheme and nothing before or beyond it. In a broader picture, despite all the technological advances, a deliberately more stratified, fashionably Prozac driven and extremely fragmented world than before has come into existence. The turmoiled current state can be credited to the single most infamous entity, **the Mind**.

The monopoly of the Mind is nothing short of the 21st century corporate arena. The factory of the Mind produces such sweet irresistible figments that the Soul finds itself completely helpless to see through the hollow projections and follows the Mind around

like a zombie. It is like one investing one's entire lifetime in the business of leaning against the silhouette of an over passing patch of cloud. How absurd is such phenomenon, yet the entire human race has been powerlessly enslaved to a shockingly analogous state, millennia and again.

But as mentioned above that yes there is hope, there is a way for the Soul to reclaim its fallen glory and reinstate its legitimate sovereignty.

So what can help bring about such revolution? What tonic, magic pill or regimen is required to overthrow the false authority of the Mind? Well just because the Soul has been deprived of its special status for ages, does not mean that it will take equally long duration for the damage to be undone.

Wise Souls have advised that freeing of the Soul from the unlawful occupancy of the Mind is as simple as gently waking one up from a terrifying nightmare. Few moments ago while still surrounded by the dense fog of fear and anxiety, the person now fully awake wipes off the sweat and takes a sigh of relief and reassures herself, "oh, it was just a dream!" The difference between a nightmare infested state and an awakened one, cannot be measured in miles, knots or even light years, it is dimensional difference, simply put the two states are inter-dimensional.

A somewhat similar process can lead to the awakened state of the soul.

Soul too can echo the same phrase, "oh, this is all just a dream, just a dream."