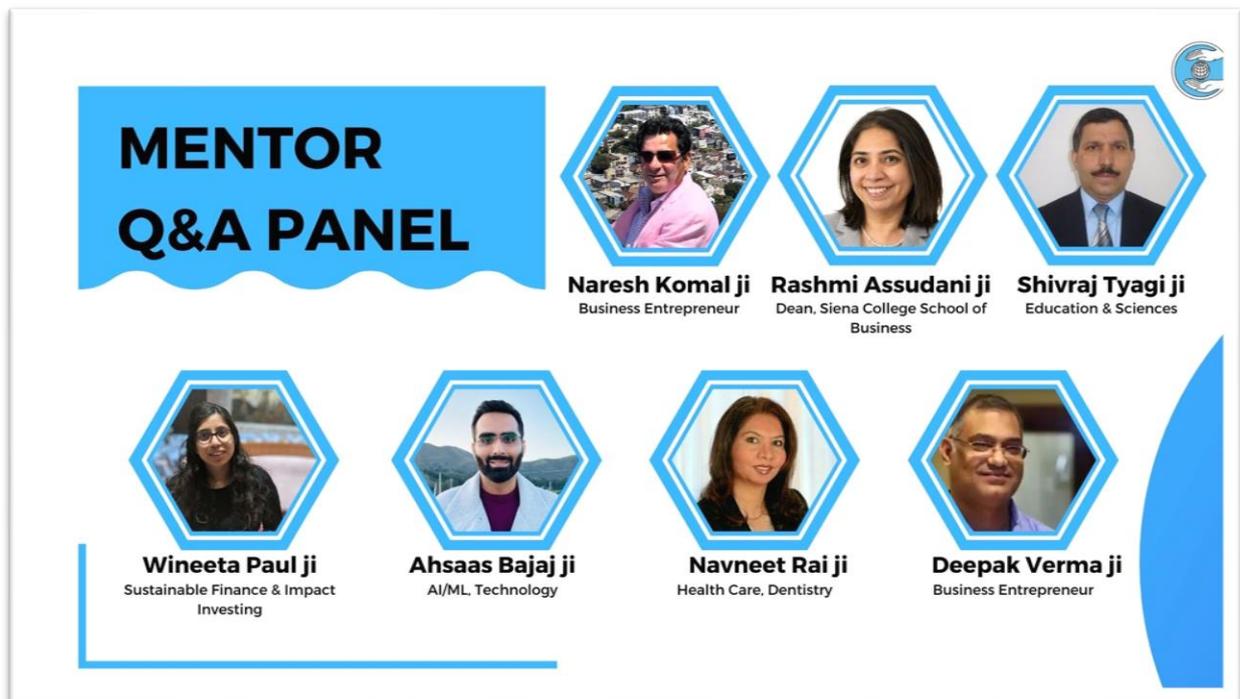


Career Mentorship Workshop – April 2024

With the blessings of Satguru Mata Sudiksha Ji Maharaj, the NY/CT branch organized its first “Career Mentorship Workshop” on April 6, 2024, at the New York Oneness Center in Westbury, NY. The primary goal of the Mentorship Program is to match students and young professionals with mentors who are professionals with relevant experience and interests. The Workshop was a kick-off for this program which will provide ongoing guidance to mentees as they begin or expand their professional journeys.

The workshop started with a Q&A panel of mentors from various backgrounds, ages, and experiences.



MENTOR Q&A PANEL

Naresh Komal ji
Business Entrepreneur

Rashmi Assudani ji
Dean, Siena College School of Business

Shivraj Tyagi ji
Education & Sciences

Wineeta Paul ji
Sustainable Finance & Impact Investing

Ahsaas Bajaj ji
AI/ML Technology

Navneet Rai ji
Health Care, Dentistry

Deepak Verma ji
Business Entrepreneur

The panelists shared their backgrounds and the journey they took to reach their current positions from both a professional and a spiritual perspective.

The mentors were open and honest about successes and challenges they faced. One mentor shared how he was pursuing a medical degree in India, moved to America, and became a gas station attendant. He eventually took over that gas station, bought and





started many more businesses and is now running a portfolio of successful companies.

Over 50 attendees were present from a variety of career paths, ages, and backgrounds. They asked the panelists for practical examples of how they progressed from one stage to the next, how they dealt with external pressures, and if they

would change any of the decisions they made along the way. A common theme across all mentors' responses was the multiple times they came across choices where they had to decide if they should take one path or another. Every mentor referred to Satsang or Satguru as a guiding force in making these decisions and being content with the outcomes.

Following the Q&A panel, the attendees had break-out sessions within the areas of Finance/Banking, Technology, Medicine, Education, Entrepreneurship, and Project/Product Management. In each session, the attendees were able to connect with mentors who answered their specific questions about the journey and challenges within their respective fields. Mentors were very candid with sharing their experience and how to navigate within their areas of expertise.



Following the breakout panel, we heard from Rev. Paul Chellani ji and Rev. Shivraj Tyagi ji as they shared blessings with the attendees for seeking guidance and with mentors for providing their invaluable experience. The event concluded with positive feedback

from all and a plan to continue the mentorship program and workshops so everyone can benefit from each other's guidance.

We are thankful to all the wonderful mentors and facilitators who took the time to provide valuable guidance to the youth. We are grateful Satguru Mata Sudiksha ji for her priceless teachings and guidance. It's important to have at least one mentor in life. A career or personal mentor helps guide you to achieve your worldly goals. Similarly, Satguru Mata ji is our mentor and guiding force for achieving our spiritual and life goals.

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