

## **Why I go to Sangat**

**I go to sangat to be strong and gain strength meaning, to learn and tolerate the situation at home like when I feel like making demands of things to my mum and dad and throw tantrums if don't get it.**

**The world is full of viruses and full of impurities like selfishness, anger, envy, and haltered therefore I go to sangat to get rid of all these diseases because if the roots of the tree are not healthy and secure beneath the ground the tree will never be fruitful.**

**I go to sangat so my life can be fruitful  
and helpful to people around me  
I go to sangat to find the truth about  
this world and what are its roots  
I go to sangat to find the truth  
about Allah so I have strong Imaan/faith**

**Imaan/faith is like a tree so if the Imaan is not secure in the heart and understanding of a devotee one huff and puff from shitan and the tree will be on the ground.**

**The story goes like this there was a pig who wanted to build a house so he gathered the straw and worked all day to build his house and when he finished he was happy, but then the wolf came and he huffed and he puffed and blew the house down and all the good work of the pig fell on the ground. The next day pig got wiser and build his house again but this time he built it with bricks, when he finished building it he was very happy, but then the big bad wolf came again and he huffed and he puffed to blow the house down but this time the house was solid and he could not blow the house down.**

**Similar to that the mind is the big bad wolf when you build a good thoughts of Seva, Satsang and Simran in your heart, he'll huff and puff to blow the good thoughts down therefore we can be wiser like the pig and build our good thoughts on the teaching of the mission divine principles as to love, respect and be humble so the big bad mind can not break it down.**