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HANSTI DUNIYA

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Regular Columns	Stories
Editorial 4	Revenge Babu-Dinesh Chamola 8
Thoughts to Ponder 5	The Imposort Rakesh Sharma 20
Know Your Scriptures 6	I'll Give My Share Nectu Prathi 24
Happy Birthday 12	Jealousy Figar 27
Colour it 46	Mama, Where are you Sanjay Tandon 36
Laughing Time 47	
	Poems
	Cunning Fox Kavi Kant 10
	Let's Me Again, God Helen Steiner Rice 23
	Innocence Raj Karnwal 34
Photo Features	Articles
Grandpa 13	Home Remedies to Treat Dandruff Simarpreet Kaur Jha 11
Kitty 38	Antibodies Ravinder Kumar Sharma 17
Photo Feature 42	Enlightenment Sanjay Kumar 19
	Rishi Bankim Chandra Chattopadhyay 49
	And
	Find the way Dinesh Rai 07
	Dialogue with Ankur 22
	Improve Your Grammar Vikas Arora 30
	9 tips to stay fit Sadhika Nagpal 31
	Teaching Children Practically C.L. Gulati 33
	Right Attitude Rahu Rai 35
	SMSes of the Month 43
	Cross Word Vikas Arora 44
	Have Your Say 50
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DESTINY OF INTENTIONS

Majority of people, these days, aspire to attain a higher position for themselves in the society. They spare no efforts to achieve it. Every method is used – be it bribe, torture, conspiracy or any other unjustifiable act. However, only a few have wisdom as to whether or not they are worthy to achieve the desired goal. One who is able to know one's own worth automatically gets to normalcy, alertness and hard work; and these qualities get reflected in each of his/her actions.

A good idea about one's personality can be had from his/her way of day-to-day talk, work-style and overall normal behaviour. Yet, there are many people in society whose behaviour is apparently much better than many others in as much as they follow others' guidance, speak sweetly, and help others as far as possible. However, in spite of these good qualities, they do not appear to be as happy as they should be.

Now, the point to be pondered about is to ascertain the factor which, in spite of possessing qualities like polite behaviour, sweet language, helping and serving attitude, keep us away from real bliss.

Dear friends! If I behave well within social limitations, it is a matter to be happy. It is natural that it earns some respect and honour for me since everyone likes such kind of behaviour. But, what is most important is the real intention behind such behaviour. Is it because I wish to make a benefit – be it in the form of a position, respect, fame or money? It is, therefore, the intention which matters behind such behaviour, and that is precious. Any action carried out for self development with a pious intention will bring in bliss. Or else, any action - howsoever useful it may appear socially - will tantamount to betrayal, resulting in taking your conscience to a lower level.

Therefore, the result of a pious action done with an honest intention will always result in a pious, dignified and divinely destiny.

—Vimlesh Ahuja
Hansti Duniya

THOUGHTS TO PONDER



Compiled by : Hardik Khinda, Sanskriti School, Delhi

- ▶▶ Life is an art of drawing without an eraser
—John W.Gardner
- ▶▶ The only source of knowledge is experience
—Albert Einstein.
- ▶▶ Most folks are as happy as they make up their minds to be
—Abraham Lincoln
- ▶▶ God should be in our heart even when our hands are at work.
—Nirankari Baba
- ▶▶ First learn the meaning of what you say and then speak.
—Epictetus
- ▶▶ Always keep your smile, that's how I explain my long life
—Jeanne Calment
- ▶▶ When the proud of life is muddy and rough, hope says no darkness in dark enough.
—Nirankari Baba Ji
- ▶▶ Strength does not come from physical capacity. It comes from an indomitable will.
—Mahatma Gandhi
- ▶▶ The ability to simplify means to eliminate the unnecessary so that the necessary may speak.
—Hans Hofmann
- ▶▶ The most important thing in communication is hearing what is not said.
—Peter Drucker
- ▶▶ No body can hurt me without my permission.
—Mahatama Gandhi
- ▶▶ Wise men speak because they have something to say, fools because they have to say something. —Plato

Ik Tu Hi Nirankar - 106

JHDE SATGUR KIRPA KEETI JIS TON JEEVAN DAN LIAI,
JHDE SATGUR KIRPA KEETI JIS TON RAB NOON JAAN LIAI.
JIS SATGUR DI KIRPA SETI RANG HARI DA MAAN LIAI;
JIS SATGUR DI KIRPA SETI RAB NOON TOON PEHCHAN LIAI.
JIS NE APNE KULL KHAZANE TERE LEKHE LA DITTE;
JIS NE APNE NAM KHAZANE TERI JHOLI PA DITTE,
AISA SATGUR PAL PAL SIMRO CHHIN CHHIN IS DA DHIAN DHARO;
AISE SATGUR UTTON APNA TAN MAN DHAN QURBAN KARO.
SATGUR RAB VICH RAB SATGUR VICH IS DI VAKHRI ZAT NAHIN;
NAM DHAN HAI SABH TON UCHA IS TON UCHI DAT NAHIN.
KISE CHALAKI KAMM NAHIN, AONA NA AONA CHATRAIAN NE;
KAHE AVTAR BADE VADDBHAGI JINHAN SOOJHAN PAIYAN NE.

Gist : Thou Formless One

The True Master, who in his mercy has given you the gift of life;

The True Master, who in his mercy has bestowed God-realisation upon you;

The True Master, with whose benevolence you are enjoying the bliss of God-knowledge;

The True Master, with whose benevolence you have recognized God;

The True Master who has entrusted you with all his treasures of divine name;

The True Master who has gifted all his divine treasures to you.

You should always remember such a True Master and keep him in your mind every moment;

You should sacrifice your body, mind and belongings unto such a True Master.

The True Master dwells in God and God dwells in the True Master and he has no separate entity;

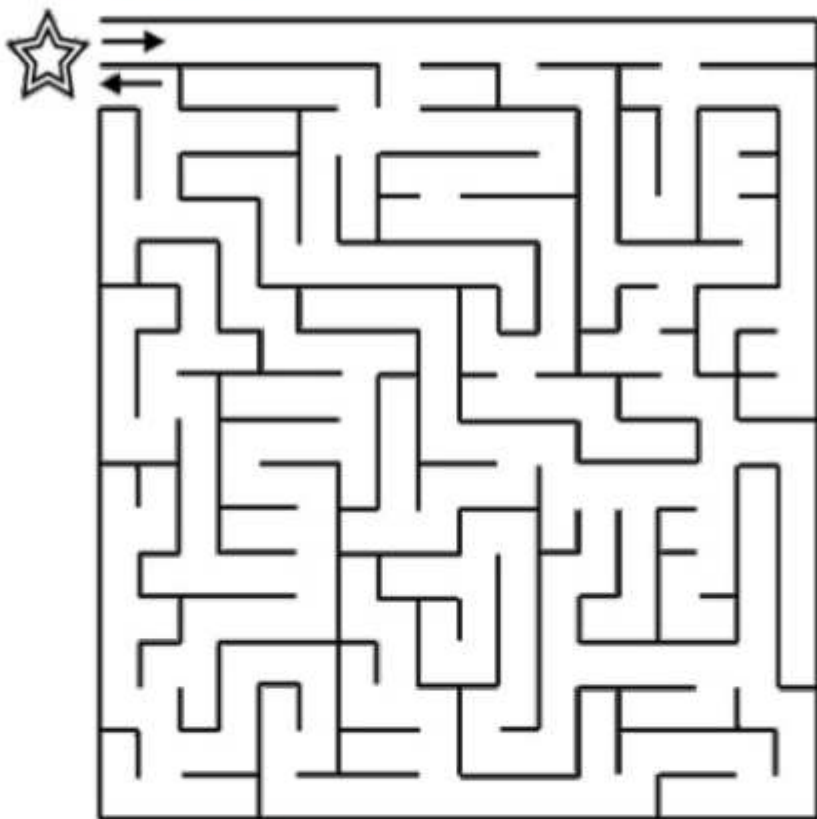
Divine Name is the greatest wealth and there is no gift greater than this.

Your cleverness and shrewd designs would be of

no avail; Avtar says, extremely fortunate are those, who have attained divine consciousness.

Find the way

—Dinesh Rai



Thoughts

★ Walking with a friend in the dark is better than walking alone in the light
—Helen Keller

★ Don't cry because it's over, smile because it happened.
— Dr. Seuss


★ Who is helping you, don't forget them, who is loving you, don't hate them, who is trusting you, don't cheat them.
—Swami Vivekanand

—Babu-Dinesh Chamola

Revenge

LONG long ago, there lived a magpie couple in a banyan tree. They had two charming kids; Neema and Neeru. At day break, female magpie looked after her house while the male one set out in search of fodder, they were quite happy. They had changed their residence twice because an elephant named Moti always used to destroy their family. Last year only, when they stayed in the Pipal tree of Green Wood forest, he used to come to rest under it. Once he broke down the very branch on which the magpie couple lived. The male magpie was out for fodder while the female one escaped fortunately. All her kids died under it. With this fear they had flown from there and settled in Greenland woods.





A couple of months had passed. In a spring season a cuckoo always came and sang melodiously at dawn on the banyan. Magpie couple used to listen it carefully. One day he-magpie went to cuckoo's residence and told her all that had happened.

"Sister, do not worry! I have had a friend Sonu here. I'll arrange all this". She said compassionately, "Sister! we wept by fits and bounds before that cruel Moti but he hardly cared for us. He had created chaos in all the greenland woods. Every time he used to destroy Renu fox and Neena deer's family. Fearing this we settled here." She said so and wept.

"Don't worry. As too tiny we are of size, so great of mind also. After meeting Renu, Neena and Sonu, we will think over it."

When it was evening she took magpie couple to their residence.

"Tell sister! how did you come so sudden?" asked Sonu here. "Sonu brother, that Moti has created chaos in the entire forest. He did not let anyone sleep peacefully and killed everyone."

"Then ... hark! Sister...that elephant is too much fond of dining. Call just today all the creatures at 'Blue lake'. This will be our proceedings: . . . I, Renu, Neena and Sonu will dig a tramp near lake, while you all will gather different types of charming grass. As soon as the tramp is dug we shall fill it with water. Then we'll decorate it. And I shall invite him to dine. He will know no bounds of happiness. As soon as he tries to sit, all his pride will change into nothingness." All were listening to it.

The next day all this was done as planned. When Moti came and as soon as he sat over that golden throne, he sank in a sudden burst and died. Everyone congratulated Sonu on his well planned revenge.




Poem : Kavi Kant



Cunning Fox

On a tree lived a crow
Walking daily come and go
Once a piece of flesh he found
He touched sky feeling proud;
When happy, lovely, proud and gay
There came a cunning fox in way.
When under that tree she came
Seeing flesh plays a game.
"How fair, charming artist crow
Hearing praise I come to know
Tell me lovely charming songs
You are king of voice-songs".
Hearing it he began to sing,
Fox was ready to get a thing.
All of a sudden that flesh did fall
Having it she ran to Mall.
He repented when she took that piece
Weeping feeling folly peace.



5 Home Remedies To Treat Dandruff

Dandruff is the condition when our scalp becomes dry or oily and produces white flakes of dead skin. Below are some natural ways by which we can get rid of dandruff:

1. Lemon: Squeeze the juice of lemon and rub it on scalp with cotton. Leave it for 5 minutes and rinse with water. Lemon's acidity helps balance the pH of your scalp which keeps dandruff at bay.

2. Coconut Oil: Massage your scalp with a mixture of coconut oil and camphor before shower. After one hour, shampoo normally.

3. Fenugreek (Methi): Soak 2 tablespoon fenugreek seeds in 1-2 cups of water overnight. Grind it into a paste and apply to your scalp for 30 minutes and then wash. Fenugreek has anti-bacterial properties which help banish the white flakes.

4. Neem Leaves: Put one handful of neem leaves into 3 cups of hot water, leave it overnight. Next morning strain the liquid and use it to rinse your hair. You can also make paste with leaves and apply on your scalp and wash it with water or use mild shampoo.

5. Aloe Vera Gel: Massage your scalp with aloe vera gel and wash it off with plain water or mild shampoo. Apart from its anti-fungal properties, aloe vera gel is soothing to the scalp and keeps itching at bay.



Raunak (Dhule)

Happy Birthday



Mehak (Jind)



Khashboo (Kathua)



Himanshu (Sera)



Rohaniyat (Kashipur)



Anish (Bagi)



Amarpreet (Khanna)



Yashneet (Delhi)



Divyansh (11 P.S)



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Sidhanth (Delhi)



Vihan (Dombivilli)



Tamananna (Bhiwani)



Sartahk (Roorkie)



Nitpreet (Sangrur)



Jiya (Delhi)

◆ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us at least two months before.

Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must be affixed on the back side of the photograph.

Name..... Date of Birth.....Year.....
Address.....
.....



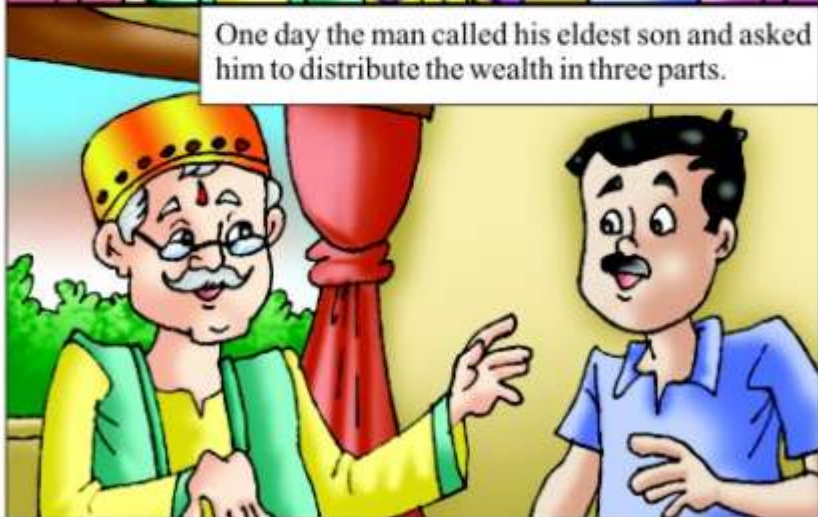
Grandpa

Story & Illustration

— Ajay Kalara



In a village, a wealthy man had four sons. All lived happily together.



One day the man called his eldest son and asked him to distribute the wealth in three parts.



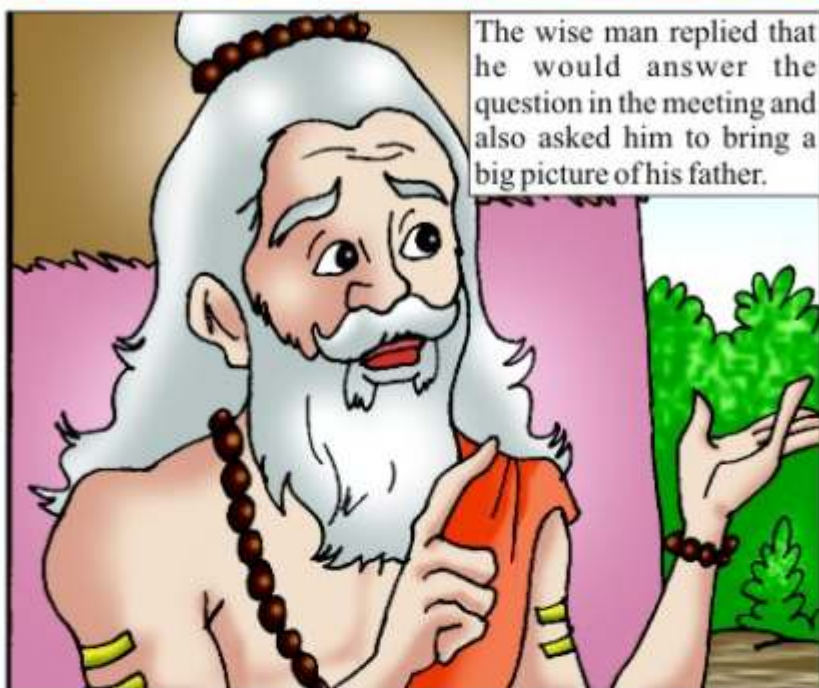
Before the son could ask anything more, the father passed away.



After the final rites the elder son began pondering over father's wish.

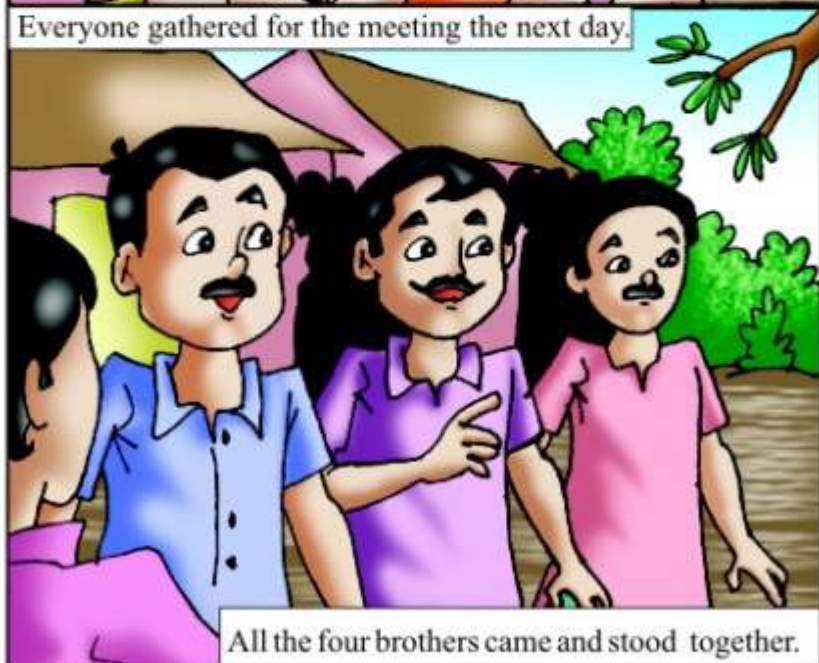


For many days, not finding any solution, the son went to a wise man and told that they were four brothers while the father had asked to divide the wealth in three parts only.



The wise man replied that he would answer the question in the meeting and also asked him to bring a big picture of his father.

Everyone gathered for the meeting the next day.



All the four brothers came and stood together.



The wise man said, though your father wasn't right, yet any one of you who wants to forego his share, may come forward.

Hearing this, three of them came forward. The fourth one stood still.



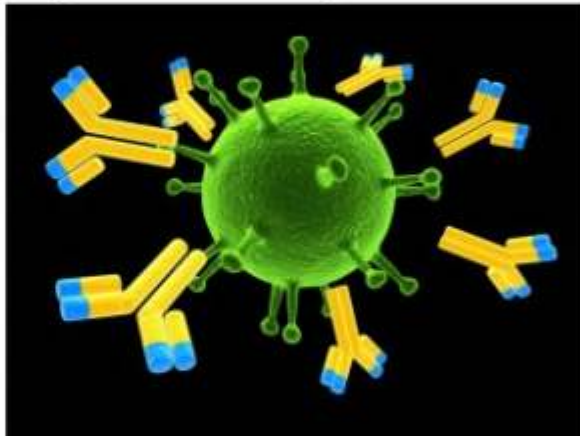
The decision was made automatically

The person who wishes to grab his father's property just after a day of latter's death, loves only the property, not his father.

Antibodies


Antibodies are those substances in the blood which we usually think of as protective agents formed to fight-injection by the invading germs. For example, after an attack of fever virus, antibodies will immediately coat these viruses effectively and prevent them from causing a disease.

Whenever the foreign material enters the body, processes are set in motion to get rid of the foreign element. These processes are carried out by the cells producing the blood protein gamma globulin. The cells change the pattern of the gamma globulin in such a way that the molecule



attaches itself to germs of the infecting type and only to that type.

In thinking about how such a reaction to foreign material could be called into beings, we come across, at once, on a highly important difficulty. The very-same cells that are responsible for dealing with foreign bacteria are also concerned with getting rid of worm-out and damaged material of the body itself. Aside from a few permanent cells



that stay with an individual for life, practically all the cells die and replaced from time to time. Of the five billion red cells in every cubic centimeter of blood, nearly 50 million are removed and replaced by fresh cells every day of our life.

Now it is important that removal of damaged cells should not provoke an antibody formation, The scavenger cells dispose of body's own damaged cells without forming antibodies. Scavenger cells distinguish between body's own and outer germs between the self and not self.

This bring us to the case I of the woman blood donor who had two blood groups: of half of her red cells were group 'A' and half group 'O'. She was a twin, but her twin brother had died 25 year before at the age of 3 months. How this had happened can be explained only by the concept of self and not self in the living organisms. This was due to common placental circulation early in their embryonic existence and thus exchanged blood cells. It appears that during early embryonic life an animal may accept foreign cells and develop lasting tolerance to them; its ability to recognize the differences between self and not self does not come until later, sometime before birth. In human beings this is more than one month before birth.

Scavenger cells have certain structures which we call "recognition units." These units can recognize self and not self. Recognition comes simply by virtue of a complementary structural pattern like the lock and key relationship between an enzyme and molecule with which it interlocks or between an antigen and its antibody.

Enlightenment

Que. What makes the sun shine everyday?

Ans. The power of Brahman. (The Wiseman)

Que. What rescues man in all dangers?

Ans. Courage is man's salvation in danger.

Que. By the study of which science does man become wise?

Ans. Not by studying any scriptures does a man become wise. It is by association with the wise that he gets wisdom.

Que. What is more nobly sustaining than the earth?

Ans. The mother who brings up children is nobler and more sustaining than the earth.

Que. What is more fleeting than the wind?

Ans. The mind.

Que. What is more blighted than withered straw?

Ans. A sorrow-stricken heart.

Que. What befriends a traveler?

Ans. Learning.

Que. What accompanies a man in death?

Ans. Dharma alone accompanies the soul in its solitary journey after death.

Que. What is happiness?

Ans. Happiness is the result of good conduct.

Que. What is that, abandoning which, man is loved by all?

Ans. Pride.

—Rakesh Sharma

The Impostor



Deepu and Sonu were fast friends. Once a saint camped in their village. He was in fact an impostor in the garb of a holy man. He used to exploit the innocent villagers and extract money from them.

One day, Deepu and Sonu decided to visit the saint at the temple where he had camped. The holy man was sitting with his eyes closed, as if in meditation. There was a large crowd of people waiting for him to start his discourse. Then suddenly, he picked up a stone and threw it at a distance. Thereafter he turned towards his devotees and smiled.

The headman of the village asked the Saint: Sir, why did you throw that stone just now?

The Saint said: With the miraculous power of my eyes, I saw that a stray dog was entering the temple. I just scared him of with that stone.

On hearing this, all the simple village folks came running and fell at saint's feet.

The saint had lots of semi-precious stones. Deepu wanted to have only a very small one out of them. He said: Will you please give me that small stone Sir?

But, the saint got enraged and asked Deepu to get away from there.

We will teach that impostor a lesson. Sonu, think of a way out, Deepu said.

After thinking for a while, Sonu said: "I have an excellent idea. Tomorrow is Sunday. So in the morning we'll go to the temple again. There we will expose the saint of his cunningness.

Next day, Deepu and Sonu set out towards the temple with a plateful of flowers. They went to the impostor and said: Sir, could you please tell us which bird's picture has been kept under these flowers?

Yes, Yes. You must tell them. Of course, you can, Deepu said. When with your magic power you can see a dog even before it appears, you can surely tell what's there under these flowers.





Complied : Ankur Rai

Dialogue With Ankur

'Ankur! If you had a rupee, what would you buy?'

'Since I haven't any rupee, papa, I can just cry.'

'If you had two rupees, Ankur! what would you do?'

'As I haven't got it, papa, I can't tell you.'

'If you had three rupees—what then, lad?'

'I haven't got even one, so papa, I am bad.'

Take it, Ankur, a one-rupee and a two-rupee note too—

And now you have three rupees—now what will you do?'

'I'll buy a lollipop with honey on top—

'I'll buy a skipping rope to skip and hop—

'I'll buy a kite, to fly high in sky—

'I'll thank you and thank you and good-bye!'

▶ Th...Th...There's a parrot's picture under the flowers, the impostor replied with a great difficulty. No, wrong! The picture is that of a Peacock. The villagers were taken aback to see this all. Now the impostor was exposed of his cunningness. "He was fooling us all this while. Beat him up and turn him out of the village," they said. So, the impostor was turned out.

All the villagers praised Deepu and Sunny for having saved them from the wickedness of the impostor. They decided to reward them at the village festival that year.

Poem: Helen Steiner Rice

Let's Me Again, God

REMEMBER ME, GOD?

I come every day
Just to talk with You, Lord,
And to learn how to pray...
You make me feel welcome,
You reach out Your hand,

I need never explain
For YOU understand...
I come to You frightened
And burdened with care
So lonely and lost
And so filled with despair,
And suddenly, Lord,
I'm no longer afraid,
My burden is lighter
And the dark shadows fade...

Oh, God, What a comfort
To know that You care
And to know when I seek You
YOU WILL ALWAYS BE THERE!



Story by : Neetu Pruthi Bengalore

I'll Give My Share



Once, there was a poor farmer. He owned some field with which he used to earn his livelihood. He worked hard in the field.

He had two sons, Biju and Bhairav. Biju was the elder one. Both the brothers were very lazy. They always shirked work. They did not study either and would, keep on, loitering the whole day.

Their mother, Dhanno, was fed up with her sons' carelessness. The farmer too was worried about them.

One day Dhanno said to the farmer, "Biju and Bhairav neither study nor do they pay any attention to the fields, If they are let to keep on loitering like this, they shall never change, I say, why don't you take them to the fields with you?"

"They do not obey me, you try to make them understand," the farmer said helplessly.

"Alright. I would have to do something," said Dhanno.

One day, when Biju and Bhairav came home for lunch, Dhanno first called the elder son, Biju in the kitchen. She asked him to have his food. After Biju got himself seated, Dhanno placed a large plate full of food in front of him and said, "Biju, eat your food."

On seeing the large plate full of food, Biju said, "Mother, I can't take the entire food."

"Why, son?" she asked.

Biju was speechless. He could not understand as to why his mother had offered so much food.

"Mother, even we both brothers cannot eat. such a large quantity of food," remarked Biju.

"But you shall have to eat," insisted Dhanno. "Mother, I am helpless. I really cannot eat that much food alone."

"All right, if you can't eat the whole of it, I am calling Bhairav." Saying this, Dhanno called her younger son too.

When Bhairav seated himself, Dhanno put the same large plate of food before him, "Bhairav dear, eat your food," she said.

Just like Biju, Bhairav also expressed his helplessness.

"Mother, I won't be able to eat this much "Bhairav said. "Why?"



"How I eat the food of two people?" asked Bhairav.

Then Dhanno brought two small plates and divided the food.

"Now surely, you can eat?" She asked. "Yes, mother," both nodded their heads in agreement,

After both Biju and Bhairav had finished their lunch, Dhanno asked, "Do you know, why I did this?"

"No mother," replied the brothers. "Just as a fellow cannot eat "the food of two, how can a person do the work of two people?" asked Dhanno.

"Yes, mother. You are absolutely correct," said Biju and Bhairav.

"Then why should your father do the work of all single-handed? The fields on which he does so much of hard work, he requires two more people," said Dhanno.

We have now understood, mother, said the two brothers. We shall no more shirk work. We shall now help our father in the fields.

"Yes, I also want you to do hard work. Try to be independent and help your father," said the mother.

Ever since then, both Biju and Bhairav worked hard on the fields with their father. They now reaped a rich harvest. They now led a happy and prosperous life.



Story by : Figar

Jealousy

Non-violence prevailed in Shantivan now. All the inmates of the forest lived happily and were friendly to one and another. The reason was that Sarju and Gopi Leopard had renounced their worldly life. They had now become great devotees of Almighty God. They were good preachers too and had even transformed many lives. They had thus attained good recognition. The inmates of the jungle worshipped them both as great saints. They were also often invited at homes to grace the auspicious occasions. But by and by people had also known that they were both jealous of each other.

Ricky was a noble Rabbit. One day, he invited both Sanju and Gopi to lunch. Both of them heartily accepted the invitation. They reached at Ricky's house in time. Before taking the meals, they both expressed their desire to take bath. Ricky at once arranged for it.

While Sarju had left for his bath, Ricky said to Gopi: Sir, your friend Sarju is really a great scholar of vedas. He has learnt vedas by heart. His pronunciation and explanations are so lucid that even an illiterate can relish his discourse. He has no pallel in the world.

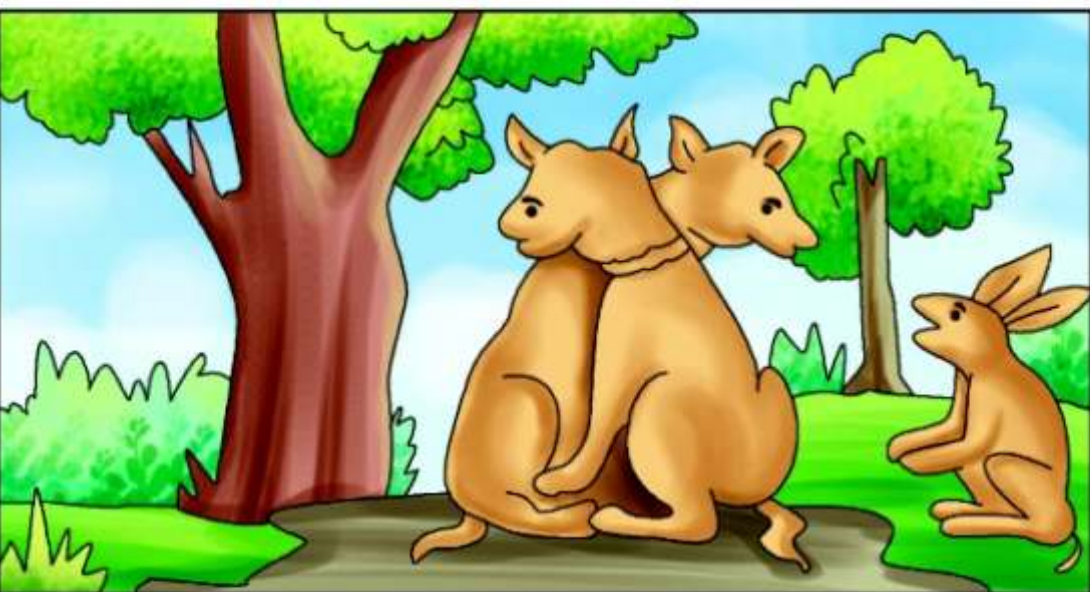
It ailed Gopi to hear Ricky singing Sarju's praises. He felt jealous. Don't praise Sarju so much, he said. He is nothing but a fool. He knows nothing about vedas, except that he has learnt a few verses in my company. But this did not appeal Ricky.

After a while, Sarju returned after taking his bath.. Then, Gopi left. Taking the opportunity, Ricky said to Sarju: Sir, your friend Gopi is really an exemplary saint. Every word of Ms discourse takes the audience to the highest plane of spirituality, I don't see his parellel in the world.

Oh! What are you talking, Ricky? He is a dull-headed fellow. It is only because he keeps my company that he has been able to acquire a little knowledge. I rather feel ashamed of keeping his company. Ricky was taken aback to hear Sarju's remarks about his friend. He felt very bad.

On Gopi's return from his bath, Ricky set a stage for both of the saints. Thereafter, he served the food to both of them.

On seeing the plates full of weed and straw, both Sarju and Gopi got annoyed. Ricky, you have insulted us, Gopi screamed. We never expected this sort of behaviour from





you. We did not know that the man who has invited us for food is a stupid fellow and does not even how to respect his guests.

He must be punished for his behaviour, Sarju screamed. It's no fault of mine, Sir. I had invited you with the thought that you were both enlightened saints. But you have both introduced each other adversely. So, I have served you accordingly, said Ricky with folded hands.

Both the saints were stunned to hear this. They both realised their mistakes.

Addressing Ricky, the saints said: Gentleman! it's in fact we who are at fault, not-you. We should be punished for it.

It is rightly said: "Respect others if you wish others to respect you."



Improve your **Grammar**

—Vikas Arora (Rewari)

Choose the right option

1. The degrees were awarded in the annual _____.
a) **CONFERENCE** b) **CONVOCATION**
2. Find out which letter is silent while pronouncing the word 'SHOULD'.
a) **L** b) **D**
3. The reporter said to the editor, "You need not consult anyone, you can take my _____ for it".
a) **EYES** b) **WORD**
4. What is the plural of Mouse?
a) **MICE** b) **MOUSES**
5. Active voice: You must love your brother. Passive voice:
Your brother _____ loved by you.
a) **MUST** b) **MUST BE**
6. It was his _____ nature which made him continue where most would have given up.
a) **GOOD** b) **STUBBORN**
7. A word that indicates the relationship of a noun or a pronoun with the remaining part of the sentence is known as _____.
a) **PREPOSITION** b) **ADJECTIVE**
8. Present: _____, Past: Withdrew, Past Participle: Withdrawn
a) **WITHDREW** b) **WITHDRAW**

Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

— Sadhika Nagpal (Gurgaon)

9 tips to stay fit

1. Walking is a very beneficial exercise which can help you stay in shape, feel more energetic and get healthy. Try to skip the elevator and take the stairs.
2. Eat healthy food. Cut out unhealthy fats. Include lots of fresh fruits, vegetables, wheat bran, porridge and oats in your daily diet. Stop eating before you become completely full. Avoid highly processed foods that contain artificial sweeteners or excessive fat.
3. Get enough sleep. It allows the body to heal, repair and rejuvenate. Lack of sleep affects our concentration, memory and cardiovascular health.
4. Exercise daily as it improves circulation. Practice stretching or light yoga moves while talking on the phone or listening to news.
5. Drink plenty of water as it keeps our body hydrated. It is a natural cleanser for our organs and digestive system. It also helps in flushing toxins out of our body.
6. Do not take stress. It harms the body and can cause a lot of problems from heart trouble to digestive problems.
7. Avoid taking junk foods like burgers and pizza.
8. Do not skip breakfast as it keeps you energetic and fuelled for optimal mental and physical performance.
9. Do annual medical check-ups to make sure everything is perfect in your body.



Answers:

Improve your Grammar

1	2	3	4	5	6	7	8
B	A	B	A	B	B	A	A

Q.No. Explanation

1. A convocation is a meeting or ceremony attended by a large number of people. Universities hold it annually and degrees are awarded in it.
2. While pronouncing the word 'SHOULD', the letter 'L' is silent.
3. If A says to B, "Take my word for it", A means that B should believe him because A is telling the truth. Here, A is the reporter and B is the editor. Since A is telling the truth, there is no need to consult anyone else.
4. The plural of Mouse is Mice, not Mouses.
5. Here in passive voice, the words MUST BE are used.
6. A stubborn man is determined to do what he wants. He continues where others give up. He is not willing to change his mind.
7. ADJECTIVE is a word naming an attribute of a noun.
8. Here, the three forms of verb are Withdraw, Withdrew, Withdrawn.

— C.L. Gulati, M/I Magazine

Teaching Children Practically

A new-born child was being brought home in America. The fast running taxi carrying the infant was giving jerks. The father told the taxi driver, with concern, "Please drive slowly. Who knows the child may be the President of America one day?" This caution lays open before us the extent of care and expectations of the parents from their children?

When a child is born, he automatically becomes partner of the family property, which he shares and inherits when he comes of age. What is more important than the property is the noble and the lofty thoughts of the parents which are shared with the child to make him an ideal person for himself, for parents and for the society at large.

Many parents today are spending sleepless nights in the anxiety and distress over their children's behaviour and their changing attitude towards them. Who is responsible for this sorry state of affairs? The children or the parents? As the children almost instantly learn to do what their parents are doing, it is initially expected of the parents to do what they wish their children to do.

Shri Balwant Singh devotee in Chandigarh once desired his son to touch the feet of his mother every morning. The child immediately quipped back, "But dad, I never see you touching the feet of grandmother as you wish me to do with respect to my mother." This simple remark of the child cut the devotee to size. The message is writ large for us. If the parents wish their children to adopt the human values and be obedient and respectful to them, the same should be conveyed to the infants not through mere words but through their daily doings and dealings. There is no way to instil spirituality in our children than to be first practically spiritual ourselves. ●

Poem : Raj Karnwal

Innocence

I asked a young and bright child
"What would you like to be?"
'I am too young to answer, Sir
Let us wait and see'.

I asked again, O tell me dear
'What are your life's' aims?'
'I know not sir, he said again
I love to play some games',



'Whom do you love,
I asked again Your Mummy or your Dad?'
'I like them both, he smilingly said
Mummy is fine and Dad. is glad'
I finally asked, if he really liked A Chocolate,
A Ball or A Toy
He laughed and said, 'Sir, all the three
They always give me fun and Joy.'

Compiled by: Rahul Rai

Right Attitude

As is one's attitude so is the reaction of world towards that individual.

The mirror faithfully reflects the expressions on the face. This world is something like a mirror. It responds precisely to man's relationship with it. Be kind towards all and the world is kind towards you. Take up a rough attitude and the world does likewise unto you.

The spectacles

The spectacles made to improve the vision. Mind also functions as the spectacles. As is the mind so is the view of the world.

When a man puts on green spectacles the world appears green. So is the case in regard to other colours. Corrugated spectacles give distorted vision. Similarly, mind interprets the world as good or bad according to its disposition. There are as many interpretations of the world as there are the minds. ■

SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE SMILE

Petrol is Soul

A petrol tanker stranded on the road side. Why? There was no petrol in the tank of the vehicle. Outside petrol is of no avail unless it is there in the tank. So is the case of all providing God. It is useful only if it is there in the heart.



—C.L. Gulati

Story : Sanjay Tandon, Chandigarh

Mama, Where are You?

Eleven year old Arnav came home one day to find his home empty. They lived in a small hamlet by the river. There was a dense jungle just a few meters away. Arnav saw that food had been cooked, but it was still in the kitchen. Oddly, the door to their small cottage had not been locked. He called out "Mama, Mama." He went out towards the jungle and yelled till his voice was hoarse. He noticed his mother's old shawl entangled in a bush by the water.

Arnav had been witness to many an arguments between his parents. The latest one had been this morning, just before he left for school. Papa did not return till late evening. Arnav spent the day crying, thinking that his mother had either run away or drowned herself in the river. He knew she lived an unhappy life due to the repeated arguments and differences she had with her husband.

Later in the evening, when Papa did walk in, Arnav asked him, "Papa, do you know where Mama is?" Papa raised his eyebrows as if to interrogate, but instead said gruffly, "I don't know and I don't care either."

Arnav prayed all night. By the morning he was sure his mother had left him for good. Bitterness enveloped him. How he hated her. He thought about how selfish she was to leave him alone in the world. How terrible of a mother to think of herself alone and overlook the needs of her child. Grief, bitterness, emptiness were making Arnav go crazy. Father couldn't be bothered. He went off to the field to work. Tired and hungry, Arnav fell asleep, under the Neem Tree.

"Arnav, Arnav, wake up son, come lets go into the house, its hot here," the voice seemed to come from another land. The cool hand on his burning forehead brought Arnav back

to reality. He looked up at mother incredulously and said, "You're back?" She just nodded and helped him up. Together they walked into "Hari came over from across the river. His wife was to deliver a baby. She was in a lot of pain. He came and took me in his boat. I thought I would be back by the evening. But, it took long. She gave birth to a baby girl. I hurried back as soon as she was comfortable. I'm sorry son, were you worried about me?" asked mother, in her usual calm voice.

Arnav didn't know what to say. "I saw your shawl by the river," he whispered. "Oh! It got stuck when I was hurrying into the boat with Hari. I thought if I try to disentangle the shawl, it will delay us. So I told Hari, that I would get it later. His wife needed me desperately. I had to go."

Arnav was ashamed of himself. How could he have thought such nasty things about his mother? She was such a selfless woman. She had gone to help another in her hour of need. She had always been there for Arnav. How could he have hated her?" How could he have doubted her love for him?

The wise say that God couldn't be everywhere. So, He made mothers. Mothers are perhaps the only creatures on the earth who give unconditional love ... no strings attached!

Mothers know only how to give, give, give.... The word 'take' is not there in their dictionary. It's only a mother who can bury her own sorrows into the vase that holds her blooming children. Mothers are made strong enough to not run away from things. If at all they have to run; they run to; not run from ...

For once, let's say "God Bless Mothers!" in return for the endless times that Mothers have said to their children, "God bless you, my child!"

Moral: "It is said that love has no form. But, love has a form. The mother, who loves her child, expresses the form of love."



Kitty

Story & Illustration
Ajay Kalara



Namskar
Hi, I am Kitty.



Today I will tell about
benefits of trees.

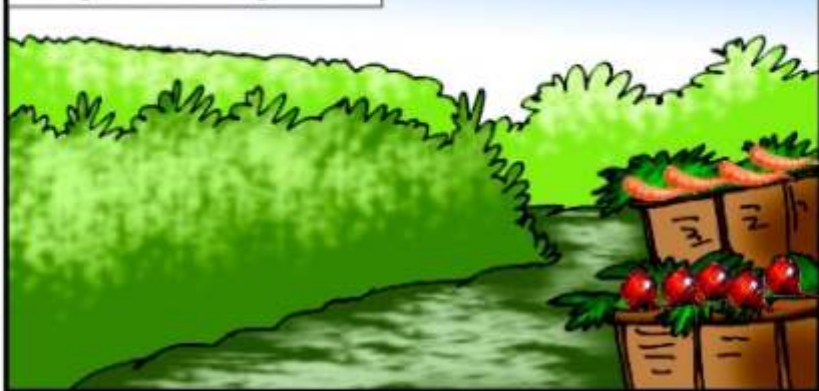
They provide us shelter.

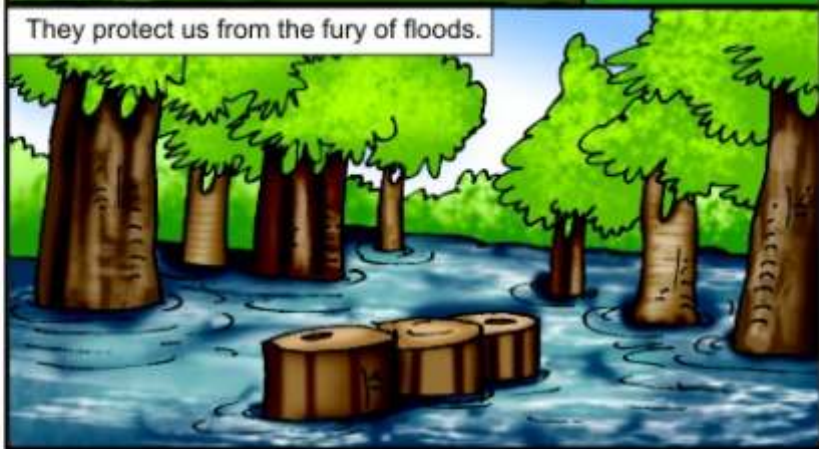


And they provide us fruits which are beneficial for our health. Trees also provide us vegetables.



Tree provide us vegetables





They help in making furniture.



And they benefit us in many other ways. Then why do we bring doom near us after cutting them. Why not plant trees and make our life prosperous?



Photo
Feature



Vanshika Nangia, Faridabad



I like the garden filled with flowers. I take care of it also.

—Bindu (Guwhati)

I play leasurly in my garden.

—Sukriti (Jind)



I like green leaves a lot.

—Rohan,
(Sant Nagar, Delhi)

Yes, its true that green environment is healthy environment.

—Agam (Gurgaon)



Trees provide us with life-giving oxygen which keeps us alive.

—Poorvi (Umar Gaow)



What is environment. Can you explain me? Kartik(Sant Nagar,Delhi)

SMSes of the month

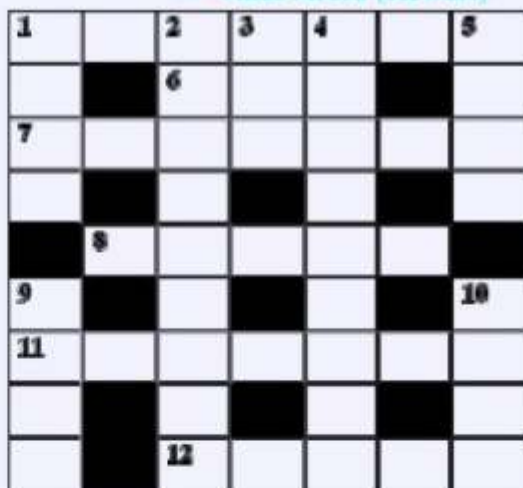


- ▶▶ Hundreds of languages around the world but a smile speaks them all.—Sakshi Gulati, Chandigarh
- ▶▶ Everyone you meet, has something valuable to teach you. —Sagar, Alwar
- ▶▶ Your body hears everything your mind says. Stay positive. —Jotish, Dehradun
- ▶▶ I have never met a strong person with an easy past.
- ▶▶ The best thermometer to the progress of a nation is its treatment of its women. —Reena, Himachal
- ▶▶ Feel the pleasure of life in every second. Never be angry or sad because every minute of your sadness is loss of sixty seconds of Happiness. Keep Smiling. —Sangeeta, Power Colony
- ▶▶ We always feel that life of others is better than ours, but we are also others for some one else.
- ▶▶ Relationships are like drugs. They either kill you or give you the best feelings of your life. —Ajay, Delhi
- ▶▶ Start your day with a smile on your face and you will find that all you get back are smiles in return.
- ▶▶ Never blame any day in your life. Good days give you happiness, bad days give you experience
- ▶▶ Your greatness is not what you have, its what you give. —Raunak Rai, Mumbai

CROSSWORD



— Vikas Arora (Rewari)



Left to Right ▶

1. The capital city of China.
6. The word that comes first in the dictionary: NAG, NIL, NOR.
7. I have no prejudice _____ foreigners. (AGAINST/FOR)
8. He presented me a pocket _____ (DIARY/DAIRY).
11. Name of a subject which is taught in school.
12. Produce or provide a natural product.

Up Down ▼

1. Singular of Boats.
2. Antonym of Ability.
3. Jaipur city was founded by King _____ Singh.
4. Antonym of Knowledge.
5. The dialogue between Lord Krishna and Arjuna is written in this book.
9. The capital city of Norway.
10. A group of cattle is known as _____.

Winners of April Issue

Ist. :	Mitali Arora Jagat Puri Near Ambedkar Gate Delhi	Age 14 years
IInd:	Paras Beniwal Brampuri Colony, Narain Garh, Distt. : Ambala (Hry)	Age 10 years
IIIRD	Khushboo, Sec. 2, Shiwalik Nagar Jharmajri, Baddi (H.P.)	Age 15 years

Consolation Entries

Sahil Verma (In side quila Mohala, Barnala), Manvi C/o (MIG,21 Tech Flight,56 APO), Niharika Kpoor, (New Fatri Land Colony), S. Simran Chitoria (Jipmer campus Pandicheri), Yash Dattaram (Ganesh Nagar, Yeola), Tanya (Ghanram Ka Pura, Allahabad), Khushi (Amrawati appartment, Rudraprayag), Taruna Sharma (Tulip Regency Gardens, Navi Mumbai)

Competition for June

On page 46, a beautiful picture is given; colour it and send it to us latest by **July 20, 2015**.

The result will appear in **August 2015 issue**. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



NameAge.....

Address

.....

LAUGHING TIME



By : Punya Gulati, Chandigarh

Soni : What 's an echo, dad?

Dad : An echo, my dear, is the only thing that can deprive a woman of the last word.

Father : Does your new boy friend have any money?

Daughter : Daddy, you men are so alike. He asked me the same thing about you.

Dentist : For God's sake, stop making these noises and waving your arms in front of you. I have touched your tooth yet.

Patient : I Know, but you are standing on my corn.

Passenger : Well conductor, which end of the car do I get off?

Conductor : It doesn't matter. It stops at both ends.

An elephant was crossing a river through a bridge with an ant on its back. Suddenly there was a cracking sound of the bridge.

Should I get down or you will..? asked the ant.

Why are you putting your hand in my pocket?

Sir, I was taking the match box—was the reply.

Couldn't you ask me for it? He asked angrily.

Sorry Sir, I don't talk to unknown people— was a polite reply.

A father carried his son to school in his car. He took a wrong turn at a crossing and feared action by police. Son told his father, "Pa not worry. Even the police van behind has also taken a wrong turn.

What a Mystery

A cockroach is afraid of Rat.

Rat is afraid of Cat, Cat is afraid of Dog

Dog is afraid of man

Man is afraid of woman, and
woman is afraid of Cockroach.



How was the paper ?

It was easy but question No. 5 confused me.

What was the question?

Question 5 wanted the past tense of 'Think'

I thought and thought and thought and
end with writing 'Thought'

Teacher : One day our country will be corruption free."
which tense is it ?

Student : Future impossible tense.

Dad : What would you like to be when you grow up son ?

Son : A garbage collector.

Dad : What ? but why ?

Son : Because I have seen them work only once a week.

Son : How do you know carrots are good for your eyes?

Mother : You never see a rabbit wearing glasses !

Son : Daddy! My stomach is paining.

Father: That's because your stomach is empty.

Son : Oh! Now I understand why you always have
headache.

Father: Why is your mother sitting so silently today ?

Son : Nothing Dad, She asked for lipstick, I heard
fevistick.

Father: God bless you my son !

Rishi Bankim Chandra Chattopadhyay

Rishi Bankim Chandra Chattopadhyay; (or "Chatterji" as spelt by the British) (27 June 1838–8 April 1894) was a Bengali writer, poet and journalist. He was the composer of India's national song Vande Mataram, originally a Bengali and Sanskrit stotra personifying India as a mother goddess and inspiring the activists during the Indian Independence Movement. Bankim Chandra wrote 13 novels and several 'serious, serio-comic, satirical, scientific and critical treatises' in Bengali. His works were widely translated into other regional languages of India as well as in English.



Bankim Chandra was born to an orthodox Brahmin family at Kanthalpara, North 24 Parganas. He was educated at Hooghly Mohsin College founded by famous Bengali philanthropist Muhammad Mohsin and Presidency College, Calcutta. He was one of the first graduates of the University of Calcutta. From 1858, until his retirement in 1891, he served as a deputy magistrate and deputy collector in the Government of British India.

Bankim Chandra is widely regarded as a key figure in literary renaissance of Bengal as well as India. Some of his writings, including novels, essays and commentaries, were a breakaway from traditional verse-oriented Indian writings, and provided an inspiration for authors across India.

When Bipin Chandra Pal decided to start a patriotic journal in August 1906, he named it Vande Mataram, after Bankim Chandra's song. Lala Lajpat Rai also published a journal of the same name

By google world



Have Your Say

The editorial 'Competition with oneself is remarkable. The author has correctly written "We do not have to become better than others, but better than ourselves, this has to be our resolution'. Thoughts selected for readers under the Regular column "Thoughts to Ponder" are really very unique and useful for life. Stories 'Muddy Mouse', 'Diligence' and 'Are you Happy' are very interesting and gives children good lesson also.

"Spiritual Development in Youth" by reading this important article (specially written for the youth) readers can understand the the sole aim of education i.e. To educate the soul by seeing and understanding God which is the primary aim of Life.

Children can understand the value of time (Secret of Life) by reading small article "Time".
—Reena, Sector 15, Rohini

Thoughts

» Happiness starts with you, not with your relationships, not with your job, not with your money, but with you.

—Pinki Dheerpur

» God has a purpose for your pain .A reason for your struggles and a reward for your faithfulness. Don't give up.

—Surinder Juneja, Goa.

» A single moment of misunderstanding is so poisonous that it makes us forget the hundred lovable moments spent together within a minute.

—Gurdev Singh Pandoh.

Cross Word Solution

1	B	E	2	I	3	J	4	I	H	5	G
6			N	A	G					I	
7	A	G	A	I	H	S	T				
8			E		O						
9			B	I	A	R	Y				
10			L	A							H
11	S	C	I	E	N	C	E				
12			T		C						R
13			Y	I	E	L	D				

Dhan Nirankar Ji

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