## WHO: Anyone and everyone WHAT: A meditation and self-reflection session WHERE: Sant Nirankari Mission Spiritual center 1\$750 Illinois 59, West Chicago, IL 60185 WHEN: The 1st and 3rd Wednesday of every month from 7:30 to 8:30 pm WHY: Come together to create a combined energy and discover inner tranquility Elevation Refreshments will be served through Meditation

847-428-8852 chicago@nirankari.org nirankari.org/chicago facebook.com/snmchicago