

Prachar visit of Lt. Col Charanjit Singh Toor Ji and his wife Amarjit Kaur ji
SNM Greater San Francisco, California
Mar24th 2023 - Mar26th 2023

To spread the voice of Oneness and Equality, Lt. Col Charanjit Singh Toor ji and his wife Mrs. Amarjit Kaur ji graced us with their presence at the Tracy Satsang Bhawan from Friday, Mar 24th to Sunday, Mar 26th, to share the spiritual wealth and teachings of our Satguru Mata Sudiksha Ji.



On Friday evening on Mar 24th, immediately after arriving at SNM Tracy Bhawan, Lt. Col Charanjit Singh Toor ji blessed the local evening Satsang held at Amarjit Malhi ji's residence in Tracy. During the Satsang, many saints expressed their views on the topics of **Self-realization through God-realization and Sant Svabhaav.**

Rev. Charanjit ji also shared **the importance of Satguru and Gyan in our lives**. He shared in his Vichar the **definition of ‘Gursikh - Saint’**, Gursikh is a beloved child of Satguru who follows the practice of **Truth, Humbleness, and Sacrifice (Sachai, Nimarta, Tyag)**.

Sunday (3/26) Program at Tracy Satsang Bhawan

On Sunday morning Mar 26th, a Sewadal Rally was organized under the esteemed presence of Dr. Iqbaljit Rai Ji, Lt. Col Charanjit Singh Toor Ji, Rev Atul Batra ji, along with many other Saints.



The rally started with a Morning Prayer and PT exercise followed by **Sewadal Marching Geet** which reminds us of the values and ethos of the Nirankari Mission, “We all Stand One, Undivided by Religion”.



In addition to the march, Sewadal games were also conducted, which added a fun element to the event. To further enhance the sportsmanship among youth, Musical Chair Games were organized, though the winner was one, the Saints expressed that in life, there is no winner or loser, it's all a part of peaceful co-existence and life.

In the Sewadal rally, Rev. Lt. Col Charanjit Singh Toor Ji shared his valuable message on the importance of doing Selfless Sewa (Service to mankind). He shared that we have to follow and render the Sewa with the utmost gratitude and as per the guidelines issued by the Sant Nirankari Mandal from time to time, **“Ye Jo Hukam Deta Hai, Humein woh Dil se Karna Hai”**. He shared several incidents to make Saints aware that precise efforts need to be put in as part of our responsibility while doing any form of Sewa.

After the Sewadal Rally, in Satsang, several saints shared bhajans, speeches, and kavita, explaining the importance of Satguru and Gyan in our lives. Bal Satsang members also sang prayers in the form of a song, which was well applauded and enjoyed by Saints.



Rev Amarjit Kaur ji also blessed us with her message on fostering a love for Nirankar through fraternal relationships with fellow Human Beings. She emphasized that we have to speak the truth all the time and Nirankar is always observing us. She further added that when we let God hold our hand, God will take care of everything; Kindness is to be shown and Kind words are to be spoken all the time. To stress the importance of maintaining humility and saintly virtues, she also gave the example of Raavana and Kansa and explained that pride comes before a fall. Even nature teaches us to be humble, while climbing mountains, we have to bend. When we bend low, things work out right for us.



Further, during the Vichar, **Rev Lt. Col. Charanjit Singh Toor Ji**, highlighted the importance of maintaining the Spiritual Discipline, "Maryada" at all times. We have to be truthful, humble, honest, and selfless in our actions and need to apply GOD knowledge in our practical living. He shared many examples in his Vichar emphasizing God-consciousness and realizing God in the present time through complete unconditional surrender and following the **indispensable aids of Triple "S": Satsang, Sewa, and Simran**. He further shared the importance of knowing God- Nirankar, before worshipping. **"Nirankar is all-knowing. Satguru is all-knowing."**
"Satguru is not the body, Satguru is the Gyan."
"Thinking Satguru is a body, is an utter form of Ignorance. Satguru always stays."

Gyan is the Beginning. All our actions and thoughts are recorded in the spiritual world. We should always be in remembrance and gratefulness of Nirankar. The immortal message "Dwelling on God's Name and implementing the learning is the focus of our spiritual effort."


